



# DIABETES PREVENTING THE PREVENTABLE (DPP) FORUM

5 May 2024 (Sunday) | The Langham, Hong Kong



<https://dpp.adf.org.hk>

At the end of the forum, participants should be able to:

- Recognize the importance of using multidisciplinary care to empower and engage patients during their life journey of living with diabetes;
- Acquire latest knowledge in the fields of quality improvement and use of latest technologies to improve clinical outcomes;
- Understand the opportunities and challenges in using community and societal approaches to raise awareness and prevent diabetes and non-communicable disease.

Organizer:



亞洲糖尿病基金會  
Asia Diabetes Foundation

Co-organizers:



Supporting organizations:



Asia Diabetes Foundation | Tel: (852) 2637 6624 | E-mail: [dpp.secretariat@adf.org.hk](mailto:dpp.secretariat@adf.org.hk)

*We look forward to seeing you!*

## 5 May 2024 (Sunday)

08:45 – 09:10	Registration	
09:10 – 09:15	Welcome remarks	Andrea On Yan Luk

### Symposium 1 Cutting edge in self management, diet and lifestyle changes

Co-chairs: Andrea Luk and Chau Wan Yeung

09:15 – 09:45	Which diet has the best evidence for disease prevention?	Joyce Ho Yi Chan
09:45 – 10:15	Microbiota, prebiotics and probiotics in metabolic health	Martin Chi Sang Wong
10:15 – 10:45	How can we motivate behavioral change?	Phoenix Kit Han Mo
10:45 – 11:00	Break	

### Symposium 2 What's next after RAS inhibitors for CV-renal protection: SGLT2i or nsMRA

Co-chairs: Chung Ping Ho and Mary Kwong

11:00 – 11:30	SGLT2i should be used before nsMRA	Tiffany Tse Ling Yau
11:30 – 12:00	nsMRA should be used before SGLT2i	Jack Kit Chung Ng

### Symposium 3 Cutting-edge strategies for weight management and beyond

Co-chairs: Eric Lee and Rose Ting

12:00 – 12:30	GLP1 and co-agonists – promises beyond weight management	Paul Chi Ho Lee
12:30 – 13:30	Lunch	

### Symposium 4 Redefining diabetes and prediabetes

Co-chairs: Harriet Chung and Lorna Ng

13:30 – 14:00	Definition of diabetes and prediabetes revisited	Elaine Yee Kwan Chow
14:00 – 14:30	How many types of diabetes are there?	Ronald Ching Wan Ma
14:30 – 15:00	Diabetes remission - is it achievable in real-world practice?	Alice Pik Shan Kong
15:00 – 15:15	Break	

### Symposium 5 Hot topics in diabetes prevention and management

Co-chairs: Wing Sun Chow and Alice Kong

15:15 – 15:45	Testosterone and cardio-metabolic health in men	Ka Kui Lee
15:45 – 16:15	Prevention and management of gestational diabetes mellitus (GDM)	Wing Hung Tam
16:15 – 16:45	Prevention and management of diabetes in young people	Juliana Chung Ngor Chan
16:45 – 16:50	Closing remarks	Juliana Chung Ngor Chan

## REGISTRATION

Local (delegates from Hong Kong and Macau)	Early Rate (1 Feb – 13 Apr)	Standard Rate (14 Apr – 30 Apr)	Day Rate (Onsite)
Medical Professionals	HKD500	HKD600	HKD1,200
Nurses / Allied Healthcare Professionals / Others	HKD250	HKD300	HKD600
Undergraduate / Post-graduate Students	HKD100	HKD120	HKD240

Overseas (delegates from outside Hong Kong and Macau)	Early Rate (1 Feb – 13 Apr)	Standard Rate (14 Apr – 30 Apr)	Day Rate (Onsite)
Medical Professionals	USD100	USD120	USD240
Nurses / Allied Healthcare Professionals / Others	USD60	USD75	USD150

Remarks: Special discount will be offered to different associations / organizations, please visit <https://dpp.adf.org.hk> for more details.