



# DIABETES PREVENTING THE PREVENTABLE (DPP) FORUM

17 May 2026 (Sunday) | Cordis, Hong Kong



<https://dpp.adf.org.hk>

At the end of the forum, participants should be able to:

- Recognize the importance of using multidisciplinary care to empower and engage patients during their life journey of living with diabetes;
- Acquire latest knowledge in the fields of quality improvement and use of latest technologies to improve clinical outcomes;
- Understand the opportunities and challenges in using community and societal approaches to raise awareness and prevent diabetes and non-communicable disease.

## Organizer:



亞洲糖尿病基金會  
Asia Diabetes Foundation

## Co-organizers:



## Supporting organizations:



Asia Diabetes Foundation | Tel: (852) 2637 6624 | E-mail: [dpp.secretariat@adf.org.hk](mailto:dpp.secretariat@adf.org.hk)

*We look forward to seeing you!*

# PROGRAM

## 17 May 2026 (Sunday)

|               |                 |                         |
|---------------|-----------------|-------------------------|
| 08:45 – 09:10 | Registration    |                         |
| 09:10 – 09:15 | Welcome remarks | Juliana Chung Ngor Chan |

### Symposium 1

Co-chairs: *Dr Risa Ozaki and Ms Theresa Yeung*

|               |  |                     |
|---------------|--|---------------------|
| 09:15 – 09:45 | Inverted food pyramid – from theory to practice                      | Sylvia See Way Lam  |
| 09:45 – 10:15 | Controversies and consensus on time restricted eating                | Kenneth Ka Hei Lo   |
| 10:15 – 10:45 | Impact of CGM on engaging people with diabetes for lifestyle changes | Alice Pik Shan Kong |
| 10:45 – 11:00 | Break  |                     |

### Symposium 2

Co-chairs: *Dr Elaine Cheung and Dr Maria Leung*

|               |   |                      |
|---------------|---|----------------------|
| 11:00 – 11:30 | Staging of diabetes – choosing between A1c and OGTT | Tony Chun Kwan O     |
| 11:30 – 12:00 | Local consensus on redefining obesity               | Michele Mae Ann Yuen |
| 12:00 – 12:30 | Lipid lowering drugs beyond statins                 | Brian Tomlinson      |
| 12:30 – 13:30 | Lunch   |                      |

### Symposium 3

Co-chairs: *Dr Edith Chow and Dr Rose Ting*

|               |   |                      |
|---------------|---|----------------------|
| 13:30 – 14:00 | Evidence-based effects of GLP1 and GLP1-GIPRA on extra-vascular complications | Eunice Ka Hong Leung |
| 14:00 – 14:30 | Mental and sleep health, and diabetes   | Yun Kwok Wing        |
| 14:30 – 15:00 | Social and psychological determinants of chronic diseases                     | Marques Shek Nam Ng  |
| 15:00 – 15:15 | Break   |                      |

### Symposium 4

Co-chairs: *Dr Harriet Chung and Dr Man Wo Tsang*

|               |  |                      |
|---------------|--|----------------------|
| 15:15 – 15:45 | Update on reference framework on diabetes care in Hong Kong  | Martin Chi Sang Wong |
| 15:45 – 16:15 | Peripheral arterial disease (PAD) in diabetes: prevention of complications through early screening and diagnosis | Guangming Tan        |
| 16:15 – 16:45 | CGM and artificial intelligence  | Elaine Yee Kwan Chow |
| 16:45 – 16:50 | Closing remarks  | Alice Pik Shan Kong  |

## REGISTRATION

| Local<br>(delegates from Hong Kong and Macau)     | Early Rate<br>(2 Mar – 24 Apr) | Standard Rate<br>(25 Apr – 13 May) | Day Rate<br>(Onsite) |
|---|--------------------------------|------------------------------------|----------------------|
| Medical Professionals                             | HKD500                         | HKD600                             | HKD1,200             |
| Nurses / Allied Healthcare Professionals / Others | HKD250                         | HKD300                             | HKD600               |
| Undergraduate / Post-graduate Students            | HKD100                         | HKD120                             | HKD240               |

| Overseas<br>(delegates from outside Hong Kong and Macau) | Early Rate<br>(2 Mar – 24 Apr) | Standard Rate<br>(25 Apr – 13 May) | Day Rate<br>(Onsite) |
|--|--------------------------------|------------------------------------|----------------------|
| Medical Professionals                                    | USD100                         | USD120                             | USD240               |
| Nurses / Allied Healthcare Professionals / Others        | USD60                          | USD75                              | USD150               |

Remarks: Special discount will be offered to different associations / organizations, please visit <https://dpp.adf.org.hk> for more details.