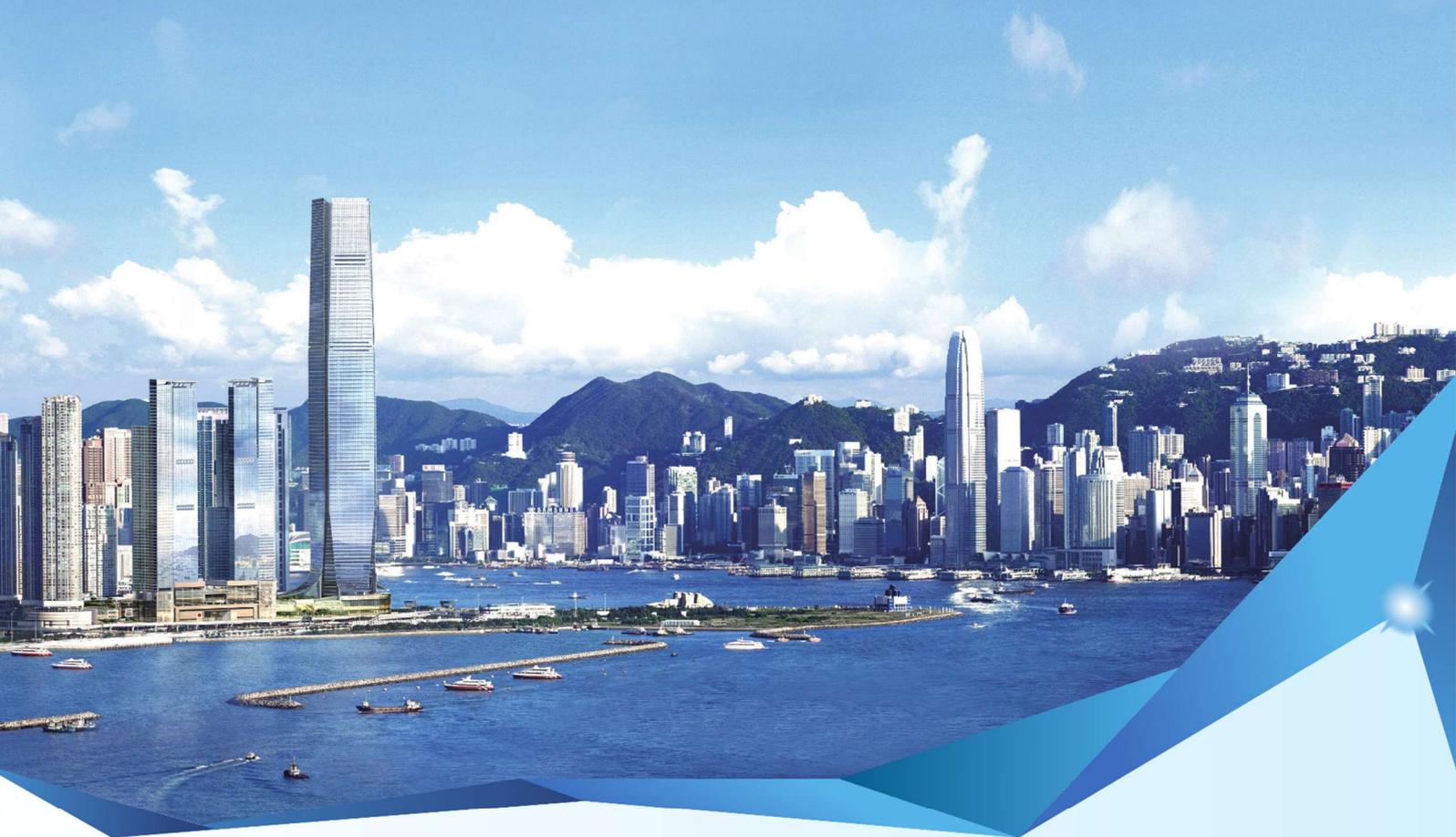




# DIABETES PREVENTING THE PREVENTABLE (DPP) FORUM

17 May 2026 (Sunday) | Cordis, Hong Kong



<https://dpp.adf.org.hk>

At the end of the forum, participants should be able to:

- Recognize the importance of using multidisciplinary care to empower and engage patients during their life journey of living with diabetes;
- Acquire latest knowledge in the fields of quality improvement and use of latest technologies to improve clinical outcomes;
- Understand the opportunities and challenges in using community and societal approaches to raise awareness and prevent diabetes and non-communicable disease.

## Organizer:



亞洲糖尿病基金會  
Asia Diabetes Foundation

## Co-organizers:



## Supporting organizations:



Asia Diabetes Foundation | Tel: (852) 2637 6624 | E-mail: [dpp.secretariat@adf.org.hk](mailto:dpp.secretariat@adf.org.hk)

*We look forward to seeing you!*

# PROGRAM

## 17 May 2026 (Sunday)

08:45 – 09:10	Registration
09:10 – 09:15	Welcome remarks

### Symposium 1

09:15 – 09:45	Inverted food pyramid – from theory to practice
09:45 – 10:15	Controversies and consensus on time restricted fasting
10:15 – 10:45	Impact of CGM on diet and physical activity
10:45 – 11:00	Break

### Symposium 2

11:00 – 11:30	Biomechanical foot assessment in diabetes
11:30 – 12:00	Action plan for weight management for Hong Kong
12:00 – 12:30	Lipid lowering drugs beyond statins
12:30 – 13:30	Lunch

### Symposium 3

13:30 – 14:00	Evidence-based effects of GLP1 and GLP1-GIPRA on extra-vascular complications
14:00 – 14:30	Mental and sleep health, and diabetes
14:30 – 15:00	Social and psychological determinants of chronic diseases
15:00 – 15:15	Break

### Symposium 4

15:15 – 15:45	Update on reference framework on diabetes care in Hong Kong
15:45 – 16:15	Staging of diabetes – choosing between A1c and OGTT
16:15 – 16:45	CGM and Artificial intelligence
16:45 – 16:50	Closing remarks

## REGISTRATION

Local (delegates from Hong Kong and Macau)	Early Rate (2 Mar – 24 Apr)	Standard Rate (25 Apr – 13 May)	Day Rate (Onsite)
Medical Professionals	HKD500	HKD600	HKD1,200
Nurses / Allied Healthcare Professionals / Others	HKD250	HKD300	HKD600
Undergraduate / Post-graduate Students	HKD100	HKD120	HKD240

Overseas (delegates from outside Hong Kong and Macau)	Early Rate (2 Mar – 24 Apr)	Standard Rate (25 Apr – 13 May)	Day Rate (Onsite)
Medical Professionals	USD100	USD120	USD240
Nurses / Allied Healthcare Professionals / Others	USD60	USD75	USD150

Remarks: Special discount will be offered to different associations / organizations, please visit <https://dpp.adf.org.hk> for more details.